Pregnant Women Needed!

A research study to validate a physical activity measurement tool in pregnant women.

QUALIFICATION CRITERIA INCLUDES:
- Must be pregnant (before week 14) and at least 18 years of age
- Non-smoker
- Pregnant with only one baby
- No history of chronic disease or lung disorders (e.g. Type 1 diabetes, heart disease, renal disease)
- Able to walk on a treadmill at a slow and moderate pace, including a 3% incline, for up to 7 minutes consecutively
- Approval from your medical provider confirming you meet the qualification criteria will be required
- Able to communicate without language or mental status barriers

Four study sessions will be required throughout your pregnancy, including an informed consent meeting and three visits measuring energy expenditure during a resting period and daily activity simulations.

Eligible participants will be compensated. Participation is voluntary.

For further information:
Call the Recruitment Team at 515-294-8673 or email: blossomproject@iastate.edu
ATTN: Validation Study